



**AMANORA
SCHOOL**



CIR/13/2025-26

Date: 2nd July, 2025

INTERNATIONAL FUTURE BOOTCAMP – FINLAND 2030 INITIATIVE

Dear Parents,

We are delighted to announce a unique global learning opportunity for our students in Grades 9 to 12 through the **International Future Bootcamp in Finland**, a pioneering educational program under the **Finland 2030 initiative**. This program is part of our ongoing commitment to preparing our students to be future-ready global citizens.

About the Program

The Finland 2030 Bootcamp is a one-week immersive educational experience co-created by the **University of Helsinki** (Finland's top-ranked university) and **Lifology**, an award-winning global career ecosystem. The program empowers students with essential skills for the 21st century while offering cultural exposure in **Finland and Estonia**.

Why Your Child Should Participate

Here are 7 compelling reasons to consider this opportunity:

1. **Curriculum 2030** – Futuristic learning model built by the University of Helsinki and Lifology.
2. **Socio-Emotional & Life Skills** – Focus on leadership, emotional intelligence, and resilience.
3. **Innovation & Entrepreneurship** – Business plan creation, pitch sessions with Finnish entrepreneurs.
4. **Career Planning** – Activities to explore their "Ikigai" (purpose) and career mapping.
5. **UN Goals & Global Outlook** – Exposure to sustainable development goals and international culture.
6. **Exclusive Certification** – Recognized certificate from the University of Helsinki's Continuing Education Center.
7. **UNESCO Cultural Experience** – Visits to historic sites like Suomenlinna and business centers like Maria 01.

Program Highlights

- **Location:** Helsinki, Finland and a day trip to Tallinn, Estonia
- **Tentative Dates:** To be announced shortly
- **Duration:** 1 week (including travel)
- **Eligibility:** Students entering Grades 9–12 in the academic year 2025–26
- **Group Size:** Limited to 15 students
- **Safety:** Fully supervised by certified faculty from the University of Helsinki and Amanora School staff
- **All-Inclusive Cost:** INR 2,95,000 (includes visa, airfare, travel, meals, training, accommodation, cruise, certification, etc.)

Please Note: No additional cost will be incurred once the student is selected and enrolled.



**AMANORA
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✓ **Seats Are Limited – Apply Now!**

This is a **once-in-a-lifetime global learning opportunity** offered to only 900 students worldwide. We are proud to announce that **15 exclusive seats** are reserved for Amanora School students. Enrolment will be done strictly on a **first-come, first-served** basis.

To express your interest, please fill out the form using the following link:

➡ <https://forms.gle/qPqYjPDMe7Yf9R7A8>

We look forward to your enthusiastic support in enabling our students to thrive in a dynamic and global future.

Warm regards,



Ms. Meera Nair

Director- Principal

Amanora School



From Finland to the World

A transformative program by the Finland 2030 initiative. Under Finland 2030 comes Curriculum 2030 — a futuristic academic curriculum jointly developed by the University of Helsinki and Lifology. Curriculum 2030 is designed to empower the next generation, equipping them with the skills and knowledge to thrive in an ever-evolving future. Together, we are shaping a future-ready, globally competent generation, equipped with the right skills to thrive in an evolving world.

7 Reasons to join this program



Visit Finland and Estonia

Two pioneering nations redefining the future through education, innovation, technology, and future-readiness.



Stay at a UNESCO World Heritage Site

An amazing opportunity to experience Suomenlinna, a renowned UNESCO World Heritage Site, offering a rich historical and cultural immersion.



Learning based on Curriculum 2030

The program is designed based on Curriculum 2030, a premier co-academic framework, making it far more than just a tour—it's a transformational learning experience.



Exclusive Certification

A globally recognized certificate from the University of Helsinki Center for Continuing Education, giving your child an academic edge and valuable proposition to add in resume while applying to prestigious universities for Under Graduate courses.



Visit Business and Innovation Centers

Students will visit Maria 1, the largest business center in Finland and a cutting edge innovation center in Estonia.



Pitch to the Sharks

Students will prepare a business plan during the program and do a 'Pitch to the sharks', a team of successful Finnish entrepreneurs, during their cruise to Estonia.



UN Sustainable City Development

The participants will build the model of a United Nations Sustainable Development City, based on the UN Sustainable Development Goals.



Kimmo Lähdevirta, Ambassador of Finland in India, and Rahul Easwar, Chief Innovation Officer of Lifology, with the dossier of the International Future Bootcamp.

Themes of Learning

01	Theme 1	Socio-Emotional Skills	Grit, Resilience, Perseverance, Emotional Intelligence
02	Theme 2	21 st Century Life Skills	Problem-solving, Decision-making, Leadership
03	Theme 3	Career Planning	Develop the Ikigai based on passion, aptitude and market opportunities
04	Theme 4	Innovation & Entrepreneurship	The Stanford University design thinking model, preparation of a business plan, entrepreneurial mindset
05	Theme 5	Global Outlook	Cultural adaptation, UN Sustainable Development Goals, International Perspective



Mirka Gustaffsson, University of Helsinki- HY+; Praveen Parameswar, CEO of Lifology; Erik af Hällström, Consul General of Finland; and Markus Talvio, Adjunct Professor at the University of Helsinki, at the grand launch event of International Future Bootcamp

Program Details

01 Location:

Helsinki, Finland; One day
in Tallinn City, Estonia

02 Duration:

1 Week (including
travel)

03 Group starts from:

Mumbai

04 Tentative Date:

October

05 Safety and Security:

Every faculty who deliver the program are trained and certified by the University of Helsinki, Finland. Teachers from Amanora School will also accompany the students.



Who Can Join? Students entering Grade 9 to 12 (2025 – 26 Academic year)

Cost of the program will be **INR 2,95,000/-**

This covers visa, air travel, local transportation, accommodation, food, sightseeing, cruise charges, entry fees to all places we visit, training fee and certification fee. No extra money will be incurred.

ONLY 30 SPOTS AVAILABLE

ACT NOW!

This once-in-a-lifetime opportunity is open only to 900 students around the world in 2025-26 academic year. Out of them 30 students are from Amanora School. Ensure your child is one of them! Seats will be allotted on a first-come, first-served basis.

Secure your spot now – express your interest through the link!

<https://forms.gle/qPqYjPDMe7Yf9R7A8>

Please find the attached document with additional details.

Best regards

Director

Ms. Meera Nair

Amanora School

Meike Krautscheid

Director - Finland 2030 Education Initiatives

For more details contact: **70123 28884**



University of Helsinki **HY+**
Center for continuing education



**AMANORA
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Program **Schedule**



Arrival in Finland

DAY
01

Check into Suomenlinna



UNESCO World Heritage Site

A background image showing a group of diverse students in front of a classical building with large stone columns. Some students are sitting on the steps, using laptops and notebooks, while one student in a bright pink hoodie is skateboarding. The scene is set during the day with natural light.

DAY

02

ORIENTATION & SOCIO- EMOTIONAL LEARNING

Theme: Understanding Self & Others



Breakfast		07:00 – 08:00
Workshop	– Icebreakers & Team Bonding Activities	08:00 – 09:00
Workshop	– Discovering Self – Analyzing Personality, Capabilities, Strengths, and Positives	09:00 – 10:30
Coffee Break & Networking		10:30 – 11:00
Workshop	– The Power of Empathy – Group Storytelling & Real-World Case Studies	11:00 – 12:30
Lunch Break		12:30 – 13:30
Cultural Exploration	– Exploring Suomenlinna (UNESCO World Heritage Site) & Interactive Heritage Walk	13:30 – 16:00
Leisure Time	– Nallen Sauna (Separate Sessions for Boys and Girls with Guidance)	16:00 – 18:00
Entertainment & Dinner	– Finnish Dinner & Folk Music Night	18:00 – 20:00



DAY

03

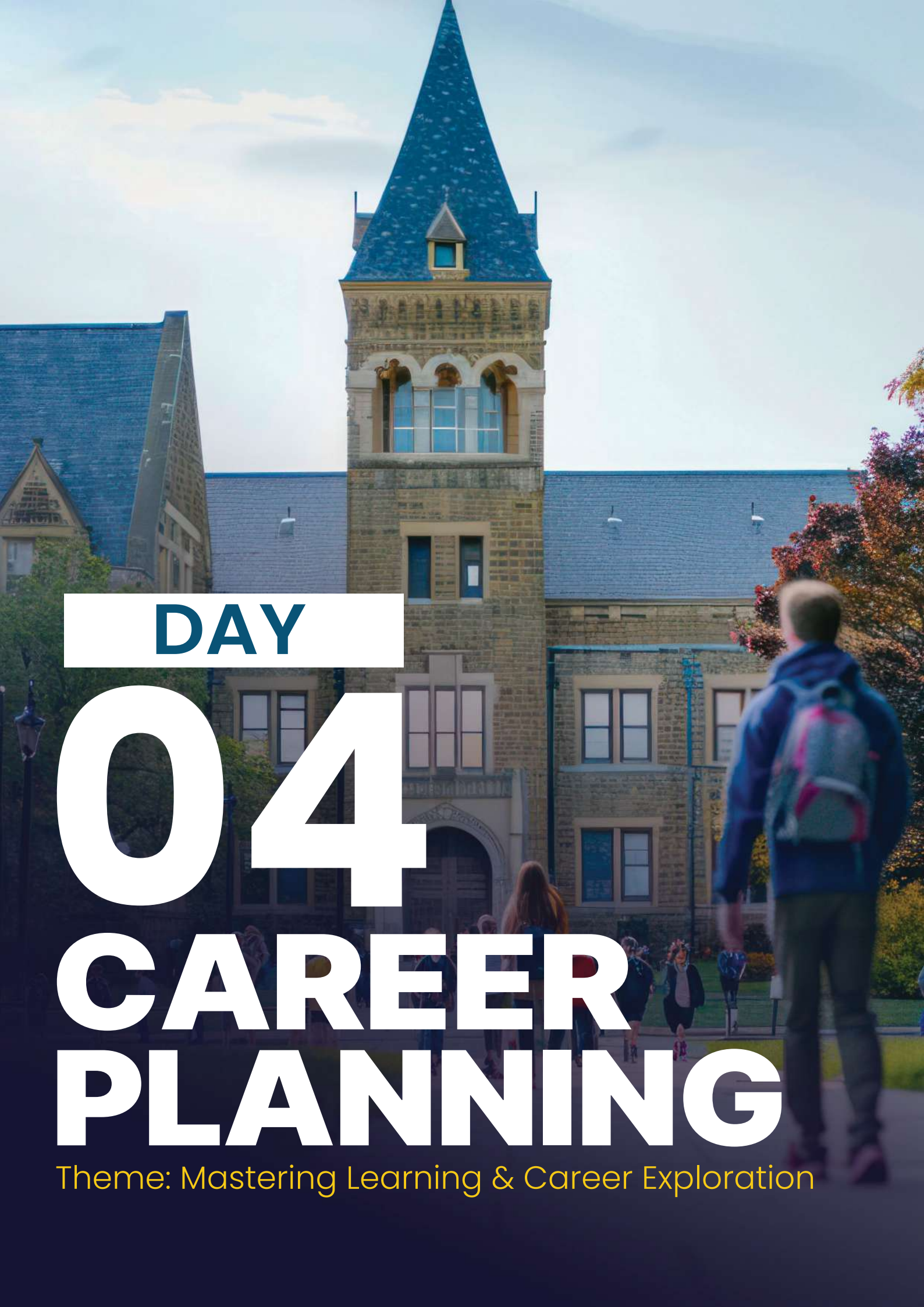
21ST

CENTURY LIFE SKILLS

Theme: Critical Thinking, Problem Solving &
Decision Making



Breakfast & Morning Reflection		07:00 – 08:00
Workshop	– The Escape Room Challenge – A hands-on puzzle solving experience	08:00 – 09:30
Workshop	– Decision Making Lab – Simulated real world decision making scenarios	09:30 – 10:30
Coffee Break & Networking		10:30 – 11:00
Workshop	– Innovation workshop: Brainstorming and Ideation (Preparation for the Innovation Day)	11:00 – 12:30
Lunch Break		12:30 – 13:30
Cultural Exploration	– Helsinki City Tour PART 1	13:30 – 16:00
Cultural Exploration	– Exploring Finnish Nature	16:00 – 18:00
Entertainment & Dinner	– Dinner and Group Reflection	18:00 – 20:00

The background of the slide is a photograph of a large, historic stone building, likely a university hall. It features a prominent central tower with a blue roof and arched windows. In the foreground, a student with a backpack is walking away from the camera, and other students are visible in the distance. The sky is overcast.

DAY 04 CAREER PLANNING

Theme: Mastering Learning & Career Exploration



Breakfast & Day Planning		07:00 – 08:00
Workshop	– The Future Career Compass – Exposure to Future Career Options, European University Pathways & Career Discovery	08:00 – 09:30
Workshop	– Career Planning Simulation – Hands-on Development of Career Plan	09:30 – 10:30
Coffee Break & Networking		10:30 – 11:00
Workshop	– Innovation Workshop: Pitch Deck Development	11:00 – 12:30
Lunch Break		12:30 – 13:30
Business Visit	– Business Center Visit & Discussion with Finnish Entrepreneurs	13:30 – 16:00
Cultural Exploration	– Mini Shopping & Cultural Tour at Market Square	16:00 – 18:00
Entertainment & Dinner	– Dinner Over Campfire	18:00 – 20:00

CRUISE TRIP TO ESTONIA

DAY

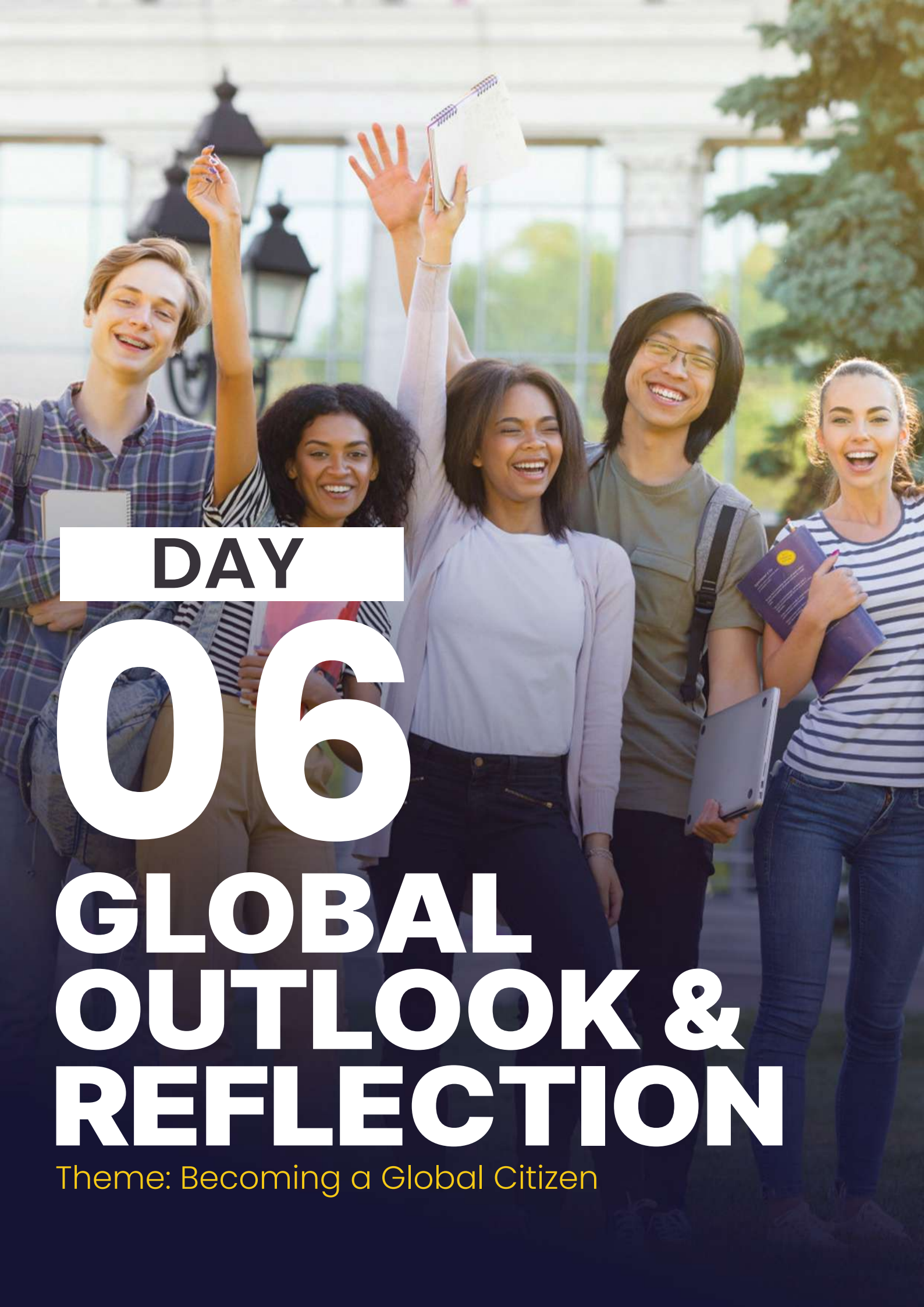
05

INNOVATION & ENTREPRENEURSHIP

Theme: Thinking Like an Innovator



Breakfast & Boarding the ferry to Tallinn City, Estonia		07:00 – 08:00
Workshop	– Pitching on the Waves: Innovation Pitch Competition	08:00 – 10:30
Coffee Break & Networking		10:30 – 11:00
Workshop	– Fail Fast, Learn Faster: Overcoming Failure & Resilience Building	11:00 – 12:30
Lunch Break		12:30 – 13:30
Cultural Exploration	– Tallinn City Tour	13:30 – 16:00
Cultural Exploration	– Estonia Exposure: City Exploration Continues	16:00 – 18:00
Leisure Time	– Return to Helsinki Boarding the Cruise to Helsinki	18.00 – 19.00
Entertainment & Dinner	– Innovation Talks & Dreams Sharing Over Dinner	19:00 – 21:00



DAY

06

GLOBAL OUTLOOK & REFLECTION

Theme: Becoming a Global Citizen



Breakfast		08:00 – 09:00
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Leisure Time	– Morning Briefing & Group Photo Session	09:00 – 10:00
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Workshop	– UN Sustainable City Development (UN Sustainable Development Goals, Global Outlook and International Mindset)	10:00 – 12:00
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Lunch Break		12:00 – 13:00
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Cultural Exploration	– Helsinki City Tour Part 2	13:00 – 15:00
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University Visit	– University of Helsinki Campus Tour and Certification Ceremony	15:00 – 17:00
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Leisure Time	– Downtime & Refresh at the Hostel	17:00 – 17:30
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Reflection & Wrap-up		17:30 – 19:00
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Entertainment & Dinner	– Farewell Gala Dinner and Celebration in Suomenlinna	19:00 – 21:00
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Day 7: Journey Back to Your Home Destination

**Please note that the schedule and the proposed camp locations are subject to change and may be adjusted after proper consideration with the school authorities.*