



**AMANORA  
SCHOOL**



# SCHOOL Connect

January 2025

Preprimary

## From the Director's Desk

*"Change is the end result of all true learning."*

*– Leo Buscaglia*

Life is a continuous journey of growth, evolution, and transformation. Change, though often challenging, serves as a catalyst for personal development and societal progress. Every experience, whether joyful or difficult, offers valuable lessons that shape our perspectives and aspirations.

One of the most powerful tools for self-improvement is reflection. By looking back on our experiences, we can extract wisdom, identify patterns, and gain a deeper understanding of our strengths and values. Without reflection, experiences may pass unnoticed, missing the opportunity for growth.

Developing positive habits such as reading can open new doors of knowledge, broaden perspectives, and enhance critical thinking skills. Similarly, incorporating mindfulness practices can be transformative, fostering focus, resilience, and inner peace.

Beyond individual growth, the impact of positive change extends to the larger community. Individuals who overcome adversity often become advocates for social change, using their experiences to inspire and support others. Personal growth fosters a culture of adaptability and lifelong learning, influencing families, schools, workplaces, and society at large.

At Amanora School, we encourage students to embrace positive changes through reflective learning, creative competitions, and awareness programs. Every challenge faced is an opportunity for growth, and every experience is a stepping stone toward a better future.

In essence, life experiences are not just events; they are powerful opportunities to evolve, inspire, and leave a lasting impact on the world. Let us all strive to be agents of positive transformations, contributing to a more compassionate and progressive society.

**- Ms. Meera Nair,  
Director-Principal**



## Editorial Team

Ms. Swati Biswas (Preprimary Coordinator)

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### **Quote of the month**

**“Small acts, when multiplied  
by millions of people, can  
transform the world.”**

**– Howard Zinn**

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# Article from the Team Lead



*“True transformation begins with a positive shift in mindset.”*

Positive transformation is a continuous journey of personal growth, where individuals strive to enhance their thoughts, attitudes, and behaviours to become better versions of themselves. This process involves self-discovery, self-improvement, and self-actualization, leading to a more fulfilling and meaningful life.

One of the key aspects of positive transformation is increased self-awareness. Through practices like mindfulness and self-reflection, individuals gain a deeper understanding of their strengths, weaknesses, values, and beliefs. This heightened awareness enables more informed decision-making and alignment of actions with one's true self.

At Amanora School, we believe the process of self-improvement helps students build self-confidence, become more self-aware, and form stronger relationships among peers. It also fosters resilience and a sense of purpose, enabling students to reach their full potential.

To encourage positive transformation, we create a supportive and inclusive learning environment. We promote student participation, celebrate achievements, and practice mindfulness and gratitude among others. Through a holistic approach to education that combines academic excellence, character development, and community service, we empower our students to grow into confident, compassionate, and responsible individuals, ready to make a positive impact in the world.

**- Ms. Shweta Patodia,  
Teacher Lead - Grade III**

# Academic Activities



## A Fruity Feast

In the "Fruity Feast" activity, Nursery students embarked on a sensory journey exploring different fruits. Before making their fruit salad, they touched, smelled, and observed the texture and colour of various whole fruits. Each child then had the chance to add their favourite fruits to the mix and stir it together to create a delicious salad. This activity promoted teamwork, healthy eating, fine motor skills, and sensory exploration while fostering a deeper appreciation for fruits and a fun, hands-on experience making their own tasty treat.



## Fun with Free Play

Nursery students had a delightful "Fun with Free Play" session, where they were provided with various toys and encouraged to play independently or with friends. This unstructured playtime allowed them to explore creativity, develop problem-solving skills, and engage in social interactions. It fostered independence while boosting confidence and self-expression.

The outcome of this activity was enhanced imagination, cooperation, and the development of essential social and motor skills, all through the joy of play.



## Exploring Vehicles through Art: A Visual Recap

To learn about the unique functions of different vehicles, the students of Prep I drew various types of vehicles such as cars, trains, boats, and rockets in a fun and engaging session. The teacher explained how each vehicle serves the needs of people and businesses, giving the students a broad understanding of how vehicles help us move across different environments. The class was highly engaged, and the activity effectively reinforced their knowledge of the different purposes of each vehicle.



# Academic Activities



## Digraph Bean Bag Toss Game

Prep II students had a great time playing the Digraph Bean Bag Toss Game, reinforcing their understanding of ch, sh, th, and wh.

As they tossed bean bags into bins, they identified and pronounced digraphs, making phonics fun and interactive. This hands-on approach boosted their confidence and strengthened their essential reading and writing skills!



## Action Word Fun - Act and Guess

Prep II students had a blast with an interactive Act and Guess activity focused on action words. One student held up a flashcard while another acted out the word, making learning both fun and engaging.

The excitement continued with a lively song and dance session, where children clapped, stomped, and waved to the beat. This dynamic activity helped them expand their vocabulary while improving coordination. A fun-filled learning experience for all!



## Assembly

### Makar Sankranti

The Preprimary students of Amanora School, celebrated Makar Sankranti on Monday, 13th January 2025. A special assembly was conducted by the students of Prep II 'C' where they showcased the importance of the festival through a skit. They also danced to celebrate the joy of Makar Sankranti.

Students enjoyed the festival that spreads happiness and teaches us the value of sharing, love, and gratitude.





# Assembly



## Republic Day

The Preprimary section celebrated Republic Day with great enthusiasm and patriotism on Monday, 27th January 2025. The special assembly featured a skit by the students of Prep I, showcasing the importance of the day and highlighting the significance of our National Flag.

The students of Prep I then captivated the audience with a vibrant dance performance, dressed in tri-coloured costumes and waving flags.

The celebration was a remarkable display of patriotic spirit, teamwork, and creativity, filling everyone's hearts with pride and gratitude for our great nation.



## Events

### Happy Feet Together



The eagerly anticipated Happy Feet Together event was successfully conducted by the Preprimary section of Amanora School, on Saturday, 11th January 2025. Designed especially for the Preprimary students and their parents, the day was a delightful blend of laughter, camaraderie, and cherished moments as families participated together in a series of engaging races and activities.

The event featured an array of creatively designed races, including The Garden Dash, Carrot Relay, Pyramid Cone Relay, Bean Bag Balancing, Hurdle Race, and Ring Relay. Each activity was met with enthusiasm and cheers from the spectators, as parents and children joined hands to compete with a spirit of fun and togetherness.

Adding to the celebratory atmosphere, winners were crowned on the victory stand, their faces beaming with pride and happiness. The warm-up sessions, led by the school's talented dance teachers, energised participants and set the tone for the day's excitement.

Music played a vital role in elevating the mood, as lively tunes resonated across the venue, encouraging everyone to tap their feet and enjoy the festivities.

The event beautifully captured the essence of family bonding and joyful collaboration, creating memories that will be cherished for years to come.



### Show and Tell Competition

The Show and Tell competition is an important part of Pre-Primary education, helping students build confidence and a love for learning.

Held on Friday, 24th January 2025, the event saw enthusiastic participation. Nursery students spoke well about the National Symbols of India, using colourful props. Prep I

# Events



students shared inspiring stories of Living Legends, while Prep II took the audience on a virtual tour of Indian states, highlighting their culture and landmarks.

The competition was a great success, with students speaking confidently and showcasing their creativity and knowledge.

## School Events

### 76th Republic Day Celebration at Amanora School

Amanora School celebrated the 76th Republic Day with great enthusiasm and patriotic fervour. The event commenced with the unfurling of the national flag by the Director Principal, accompanied by the Heads of various departments, as students stood in respect, watching the tricolour soar high.

The atmosphere was filled with patriotism as students presented melodious songs, paying tribute to the nation. Thought-provoking speeches highlighted the significance of the day, reminding everyone of the values enshrined in the Constitution.

The Director Principal addressed the gathering, inspiring students to uphold the ideals of democracy, unity, and integrity. The event concluded with a renewed sense of pride and responsibility towards the nation.





# School Events

## Blessing Ceremony for Grade X



*"Go confidently in the direction of your dreams. Live the life you have imagined."*

Amanora School held the Grade X Blessing Ceremony on 29th January 2025, in the Turf area—a heartfelt celebration of students' journeys and aspirations.

The event began with an invocation, followed by Headmistress Ms. Amrita Gangawal sharing essential exam guidelines and best wishes. Coordinator Ms. Geetha Shivakumar, along with the Heads of Departments, reflected on students' growth and urged them to stay grounded. Academic Excellence Officer Ms. Madulikha Sharma inspired them to chase their dreams, while Director Principal Ms. Meera Nair instilled confidence in their future success.

The ceremony reached an emotional high as "Showers of Blessings" played, with petals cascading over students—a symbolic farewell. The event concluded with class photographs, marking a cherished milestone.

More than a farewell, it was a reminder of the values and wisdom they carry forward, ready to shape their futures with confidence and perseverance.



# Student Achievement



Jeel Kateliya, a Grade XII student of Amanora School, has been honoured with the esteemed Veer Gatha 4.0 award for his outstanding participation in CBSE's Project Veer Gatha. His multimedia presentation on war hero Subedar Joginder Singh highlighted the soldier's extraordinary bravery and sacrifice, earning national recognition.

The award ceremony took place on 26th January 2025, at DIET Pune, where Shri N. P. Shendkar presented Jeel with a certificate and medal. His achievement is a testament to his dedication, creativity, and deep respect for India's national heroes.

Amanora School actively fosters patriotism and courage through storytelling sessions, creative competitions, and awareness campaigns. Jeel's success brings immense pride to the school and inspires students to honour and learn from India's bravehearts.





## Teacher's Corner

### Positive Transformations in Preschoolers

Positive transformation in preschoolers refers to the developmental changes that enhance their overall well-being and growth across social, emotional, cognitive, and physical aspects. This process involves nurturing essential life skills and values through engaging activities and meaningful interactions. Key areas of transformation include:

- **Kindness through Sharing:** Learning empathy and cooperation.
- **Patience with Turn-Taking Games:** Developing self-control.
- **Self-Expression through Art:** Boosting confidence and emotional intelligence.
- **Confidence through Role-Playing:** Enhancing communication and problem-solving skills.
- **Responsibility through Routine Tasks:** Building organisational skills and a sense of contribution.
- **Social Skills through Group Activities:** Promoting teamwork and collaboration.
- **Healthy Habits through Physical Activity:** Supporting overall well-being.
- **Curiosity through Nature Exploration:** Encouraging a love for learning and critical thinking.



## Teacher's Corner

In summary, positive transformations in preschoolers highlight the importance of a supportive and stimulating early environment. As we celebrate their growth, let us remain committed to creating spaces where children can thrive, knowing that the seeds we plant today will blossom into the leaders, thinkers, and caregivers of tomorrow.

- **Ms. Paromita Apte,**  
**Preprimary - Teacher**



## Upcoming Events

- **Yellow Day**
- **Fancy Dress Competition**
- **International Mother Language Day**

