



**AMANORA
SCHOOL**



SCHOOL
Connect **August 2025**
Preprimary

From the Director's Desk

Freedom to Dream

“Independence is the soil, courage is the seed, and dreams are the blossoms that shape our future.”

As we reflect on the essence of independence, it is important to recognise that true freedom lies not only in the privileges we enjoy but also in the courage to dream and the responsibility to act. “Freedom to Dream” is more than a theme—it is a call to envision possibilities beyond limitations and to pursue them with determination.

Our nation’s history is a testament to the power of courageous dreams. The aspirations of countless individuals, fuelled by their vision of a free and just country, gave us the independence we cherish today. In the same way, each of us holds within us the capacity to shape the future through our aspirations, whether in academics, arts, service, or innovation.

But with dreams comes responsibility. Independence empowers us to make choices, yet it also reminds us to use that freedom wisely—for the growth of self, the well-being of others, and the progress of our community. At Amanora School, we nurture this balance of courage, vision, and accountability, inspiring our students not only to dream boldly but also to walk the path of discipline and compassion.

Let us continue to remind ourselves that freedom is a gift, and its true value is realised when we use it to create a better tomorrow. May each child of Amanora hold the courage to dream, the independence to pursue, and the responsibility to achieve.

**- Ms. Meera Nair,
Director - Principal**

Editorial Committee:

Ms. Swati Biswas - Preprimary Coordinator

Ms. Charu Mohan Srivastava

Ms. Bhawna Sharma



Quote of the month

“Dream is not that which you see while sleeping, it is something that does not let you sleep.”

- A. P. J. Abdul Kalam



ARTICLE FROM COORDINATOR



“The future belongs to those who believe in the beauty of their dreams.”

- Eleanor Roosevelt

Dreams are the seeds of a brighter tomorrow. True freedom is not just about living in an independent nation; it’s also about having the courage and space to dream without limits. When children are given this freedom, their imagination soars, paving the way for innovation, creativity, and growth.

At Amanora School, we nurture this spirit of free thinking. Our classrooms are more than just places for learning; they are hubs of curiosity, creativity, and courage where every child is encouraged to dream big. Through projects, performances, and group activities, students explore their passions and imagine a world full of possibilities.

As educators and mentors, we remind our young dreamers that no goal is too small or too big if pursued with commitment. The freedom to dream gives them wings; with the right guidance and values, they can soar high and create a better tomorrow.

It’s true that if children from any nation dream and pursue their goals, that nation will grow. Let us continue to inspire our children to dream freely, fearlessly, and with purpose. In their dreams lies the promise of the future.

**- Ms. Pallavi Shukla,
Coordinator Primary - Grades III to V**

ACADEMIC ACTIVITIES

Exploring Flavours

Nursery students enjoyed a fun tasting activity! They were given lemon juice, potato chips, and sugar to explore different flavours – sour, salty, and sweet. After tasting, the children coloured in their books to show

which flavour they liked the most. This sensory activity helped them understand how the mouth helps us taste and enjoy different flavours.



Discovering Smells

Our Nursery students took part in an engaging smelling activity! They were given a perfume-soaked hanky, garlic, and popcorn to explore different smells – pleasant, strong, and familiar. After smelling, the children coloured the picture in their

books to show which scent they liked the most. This sensory activity helped them recognise that the nose helps us sense and enjoy different smells.



Rangon Ki Duniya

Prep I students enjoyed an engaging activity on रंगों के नाम (names of colours) to build confidence in speaking and enrich their Hindi vocabulary. The teacher used bright, familiar objects like a pink cat, blue bird, orange octopus, and purple paper to make learning meaningful.

As each object was shown, students eagerly identified its colour and said the name aloud in Hindi—for example, गुलाबी for the cat, नारंगी for the octopus, and नीला for the bird. The cheerful activity helped them connect colours with the world around them while improving vocabulary, observation, and speaking skills.



Through encouragement and joyful participation, the children grew more confident in expressing themselves, making the session both fun and educational.

ACADEMIC ACTIVITIES

Fun with Pronouns

Prep I students took part in a lively recapitulation activity to strengthen their understanding of he, she, and it. Using colourful pictures of boys, girls, animals, and objects, the teacher refreshed the concept in a fun way.

Students looked at flashcards and real objects, then responded with the correct pronoun—he for a boy, she for a girl, and it for an animal or object. The bright visuals and interactive approach made learning engaging and memorable.

The session not only reinforced grammar but also boosted confidence in using pronouns correctly, laying a strong foundation for effective communication.

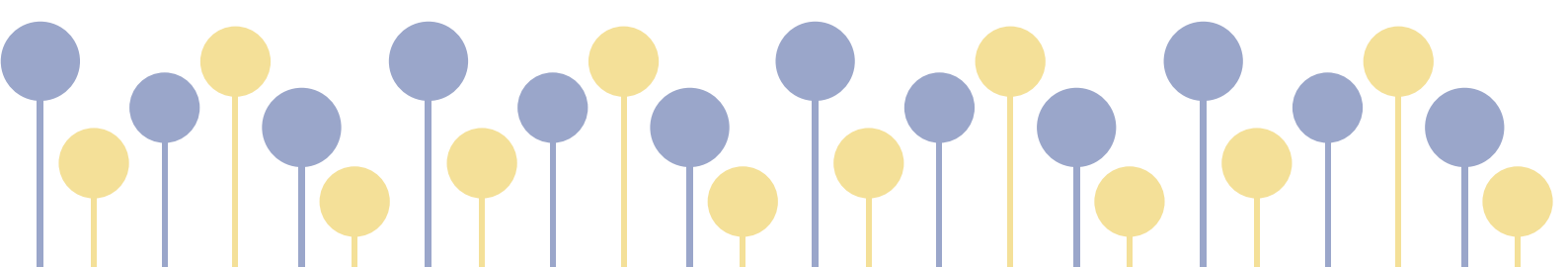


Yoga Poses

Prep I children enjoyed a fun yoga session with animal-inspired poses—cat, dog, camel, and butterfly.

They began with the cat pose, moving on hands and knees while pretending to meow. In the dog pose, they lifted their hips into an upside-down “V.” The camel pose had them kneeling and bending back like tall camels, and in the butterfly pose, they sat with feet together, flapping their knees like wings.

The activity brought smiles and laughter while building flexibility, balance, and focus. It was a joyful way to stay active and enjoy movement.



ACADEMIC ACTIVITIES

Drawing Pictures with Hindi Letters

Introducing young learners to Hindi letters becomes truly enjoyable when creativity and imagination are woven into the process. To make letter recognition more meaningful, Prep II students took part in a unique activity where they created pictures using different Hindi letters.

This innovative exercise not only strengthened their ability to recognise letters but also enriched their vocabulary through visual association. By blending art with language learning, the children enjoyed a joyful and memorable way of connecting with Hindi, laying a strong foundation for their literacy skills.



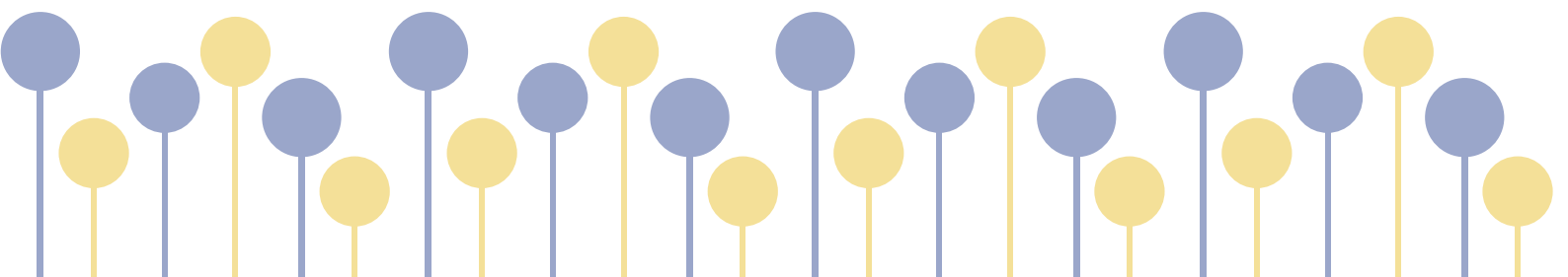
Bingo with Sight Words

Prep II students enjoyed a fun-filled Sight Words Bingo game that turned reading into an exciting challenge. As each word was called out, children eagerly scanned their sheets, strengthening recognition skills and building reading confidence. Cheers of “Bingo!” filled the room, making the activity both joyful and educational while also boosting listening and focus.



Counting and Circling Groups of 10

Prep II students enjoyed forming groups of 10 with colourful objects in a hands-on activity that strengthened their counting and place value skills. The playful approach made learning fun, helping them understand the concept of 'Groups of 10' engagingly and memorably.



ASSEMBLY

Rakshabandhan

Raksha Bandhan was celebrated with joy and enthusiasm at Amanora School on Friday, 8th August 2025. Preprimary students, dressed in colourful traditional attire, added charm to the festive atmosphere.



Prep II 'E' students presented a special assembly highlighting the significance of the festival, along with a lively dance and an engaging skit. The celebration beautifully reflected the spirit of love, bonding, and togetherness.

Independence Day

The Preprimary section of Amanora School celebrated Independence Day on Wednesday, 13th August 2025, with great zeal and enthusiasm.



The celebration began with a vibrant assembly where Nursery students presented a lively dance and recited inspiring slogans of freedom fighters, honouring the nation's glory. This was followed by a spirited march. Dressed in tricolour attire, the children radiated pride and patriotic spirit.



Janmashtami

Janmashtami was celebrated with immense joy and enthusiasm at Amanora School on Monday, 18th August 2025. The programme opened with a special assembly by Prep II 'B' students, featuring a talk on the festival's significance, shlok chanting, a graceful dance performance, and the much-loved Dahi Handi event.



Ganesh Chaturthi

Ganesh Chaturthi was marked with devotion and festive cheer at Amanora School on Thursday, 28th August 2025.

Prep I 'C' students staged a delightful skit narrating the story of Lord Ganesha, Lord Kartikeya, and their parents, Lord Shiva and Goddess Parvati. The celebration concluded

ASSEMBLY

with a vibrant dance performance that captured the children's joy and festive spirit, filling the atmosphere with positivity and togetherness.

Events

Colours of Freedom

On Thursday, 14th August 2025, the Preprimary section of Amanora School celebrated Independence Day through a series of vibrant, simultaneous parent-child activities under the theme Colours of Freedom. Classrooms came alive with energy, creativity, and patriotic spirit as Nursery, Prep I & II students joined their parents to honour the nation.

In **Nursery**, students and their families participated in Together We Shine. Dressed in colour-coordinated outfits, many choosing elegant white to symbolise peace and unity, parents and children presented lively dances, rhymes, songs, and patriotic performances, filling the classrooms with joy and national pride.

Prep I students and their parents engaged in Tricolour Treats & Taste, a joyful fireless cooking activity. Using fresh, wholesome ingredients, the little chefs created colourful salads, sandwiches, and fruit platters that proudly reflected the saffron, white, and green of the national flag. The experience encouraged teamwork, creativity, and healthy eating, while giving parents and children the chance to share laughter and togetherness.

Meanwhile, **Prep II** classrooms buzzed with Tricolour Makes and Magic, a craft activity that transformed simple materials into striking patriotic creations. From fluttering pinwheels and decorative wall hangings to miniature flags and symbolic art, each piece radiated the hues of the tricolour, crafted with love and pride. A vibrant display of the finished work captured the imagination and enthusiasm of all participants.

The Colours of Freedom celebrations beautifully blended performance, food, and art — strengthening the bond between home and school, while nurturing in young learners a deep sense of pride in their heritage and love for the nation.



SCHOOL EVENTS

Independence Day Celebration

Amanora School celebrated the 79th Independence Day with great pride, enthusiasm, and patriotic fervour. The entire campus was adorned with tricolour decorations, creating an atmosphere of unity and joy. The celebration began with the ceremonial flag hoisting, followed by the soulful rendering of the National Anthem and the flag song, filling every heart with pride.

Students of Grades VI to XII came together to present an incredible cultural programme that was a vibrant blend of drama, music, and powerful dance performances. The drama depicted the struggles and sacrifices of our freedom fighters, reminding us of the value of hard-earned freedom. They beautifully conveyed that Independence Day is not merely a holiday, but a festival of pride, remembrance, and unity that should be celebrated with the same zeal as any other national occasion. The musical segments stirred deep emotions, while the dance performances, filled with energy and passion, portrayed the spirit of the nation.

A highlight of the day was the impactful speeches in both Hindi and English, delivered by our talented students. The speeches carried a strong message — that even the smallest contribution towards our country's progress adds to its integrity and strength. The celebration served as a reminder that our responsibility towards the nation continues every day and that true patriotism lies in our everyday actions. The 79th Independence Day at Amanora School was not just a commemoration of history, but a heartfelt tribute to the spirit of India — a day that inspired everyone present to work towards a brighter, stronger, and united nation.

Tirangaa 2025

Amanora School proudly hosted the 15th edition of the much-awaited interschool competition, **Tirangaa 2025**, a vibrant celebration of creativity, intellect, and innovation. This year's theme, *"Breaking Barriers, Building Dreams"*, beautifully captured the spirit of young minds determined to challenge limits and imagine a brighter future.

The event began on an inspiring note with the auspicious lamp lighting ceremony, symbolising the dawn of knowledge and creativity. The lighting was gracefully conducted by the esteemed panel of judges, Director Principal Ms. Meera Nair, and Headmistresses Ms. Amrita Gangwal and Ms. Sujata Rathod, marking the official commencement of the grand event. With participation from 21 reputed schools across the region and students ranging from



SCHOOL EVENTS

Prep I to Grade XII, the event truly embodied diversity in age, talent, and thought. Tirangaa 2025 featured 11 unique competitions, each designed to bring out the best in every participant.

These events included: *Finger Tale*, a storytelling competition for the youngest minds; *Smart Sort*, a challenge in logic and organization with a jigsaw puzzle; *App-Tastic India*, a digital innovation contest; *Handmade Haven*, a craft-based creativity zone using waste material; *Sculpt and Speak*, combining visual art with public speaking; *Super Spark*, where students dressed as superheroes to bring ideas of change; *Quicktune Quest*, a music-themed challenge; *Storyscape Chain*, a collaborative storytelling event; Reel to Real, a mono act presenting a timeline of the past and present; *The Dream Launchpad*, a platform for entrepreneurial ideas; and *The Change Canvas*, focused on design for social change.

The atmosphere buzzed with energy as students battled it out in a colourful array of talent, brains, and spirit. The event was judged by a distinguished panel of 8 renowned judges, each an expert in their field, who were deeply impressed by the innovation and passion on display.

Excitement peaked as winners were announced amidst cheers and applause. Their joy was palpable, their dreams now a little closer, and their barriers a little more broken. Tirangaa 2025 was not just a competition—it was a movement of inspiration, proving once again that when young minds come together, they don't just compete—they create, connect, and conquer.



ACHIEVEMENTS & ACCOLADES

Our Prep II students brought laurels to Amanora School at **Habitat Horizons 2025**, an interschool event hosted by The Knowledge Habitat, Pune. The event, centred around the theme “*Roots & Wings*”, celebrated creativity, imagination, and innovation among young learners.

In the **Eco Tales** category, **Shivaai Nikhilesh** impressed the judges with his storytelling skills and secured the **2nd Position**. In **Lego Legends**, **Shaurya Rai** and **Veer Totala** showcased excellent teamwork and problem-solving abilities, winning the **2nd Position**.

We are proud of our young achievers whose creativity, confidence, and teamwork truly reflected the spirit of the event.

We are equally proud to share that **Ms. Swati Biswas**, Preprimary Coordinator, and **Ms. Pallavi Shukla**, Primary School Coordinator, have successfully completed the prestigious **AIEF Mentorship Program** and been inducted as **Global Resource Persons**. This honour recognises their dedication, professional growth, and the school’s commitment to empowering educators who create a global impact. In their new role, they will mentor educators, share best practices, and foster innovative teaching-learning strategies worldwide.

We extend our heartfelt congratulations to them on this remarkable milestone and wish them continued success in inspiring both educators and learners.



Health, Safety and Child Protection (HSCP) Practices

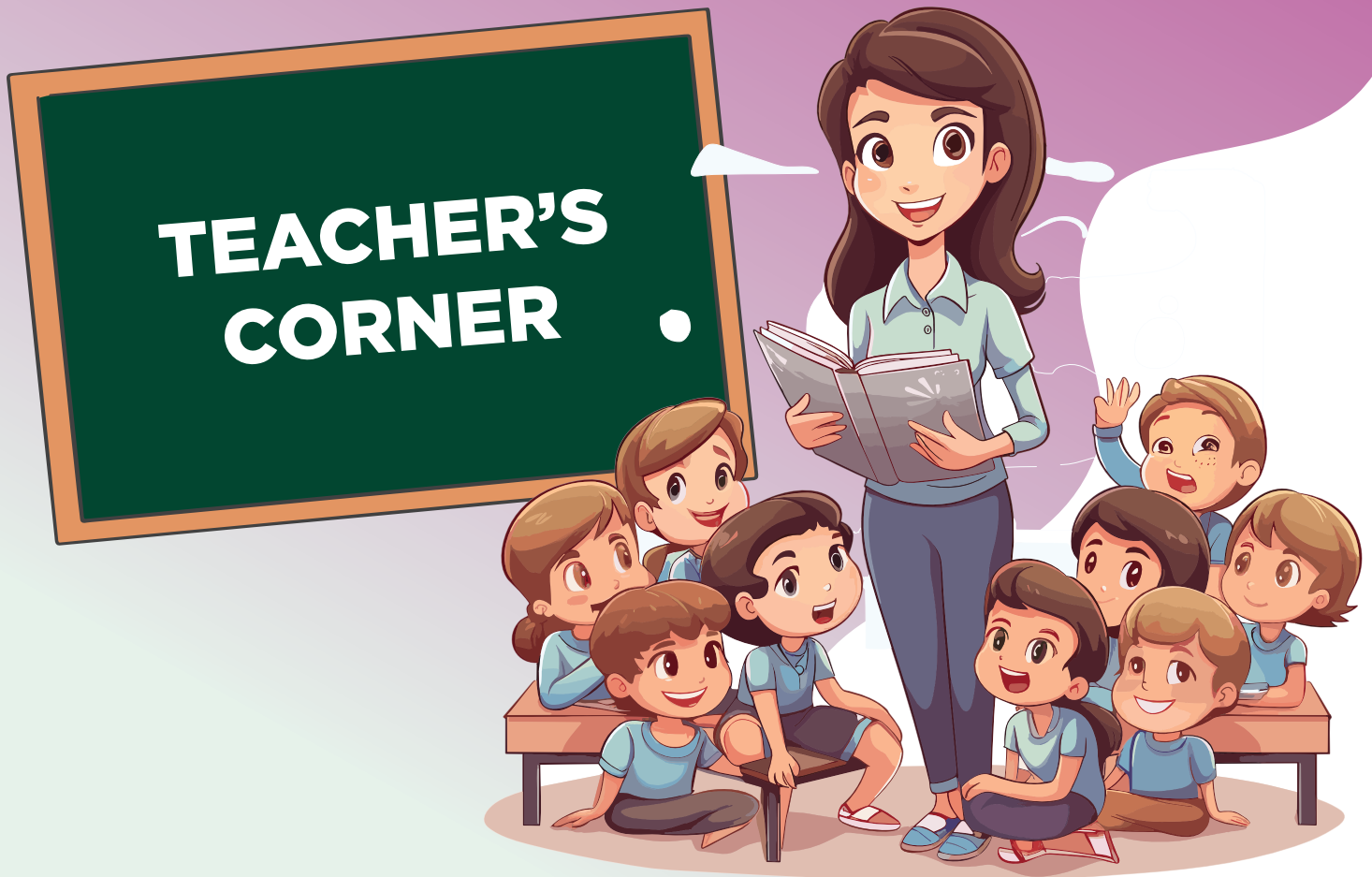


Health, Safety and Well-being Highlights: August 2025

Amanora School, in partnership with Manipal Hospitals, conducted a Comprehensive Health Check-Up Camp for students from Nursery to Grade XII and staff from 4th to 20th August 2025. The camp included dental, eye, medical, and ENT check-ups, with individual health reports to be shared with parents. This initiative helped in the early detection of health issues and promoted the importance of regular medical care.

On 25th August 2025, a meeting with all male staff was led by Ms. Meera Nair and HSCP Coordinator Ms. Seema Garg. Key points included personal hygiene, maintaining professional boundaries, and strict adherence to POSH and POCSO guidelines. The school reiterated its zero-tolerance policy and the need for mandatory reporting of any violations. On 30th August 2025, Ms. Seema Garg conducted training for housekeeping staff on safety, hygiene, professional conduct, and the prohibition of corporal punishment. The session emphasised student safety, cleanliness, incident reporting, and self-care to ensure a safe and respectful environment for all.





Freedom to Dream

In the warm and nurturing world of Preprimary, every day is a new adventure filled with imagination, learning, and growth. At this tender age, children are given the most precious gift — the freedom to dream. This freedom allows them to explore who they are, what they enjoy, and what they hope to become.

As they step into the classroom with wide eyes and open hearts, they begin to show courage — courage to speak, to share, to try, and sometimes, to fail and try again. They are encouraged to take small steps toward independence — expressing their thoughts in simple but powerful ways, choosing their activities, and tidying up after play.

Their aspirations may begin with building tall towers or pretending to fly to the moon, but these are the first sparks of a greater vision. Every drawing, every question, every smile holds the promise of tomorrow.

Along the way, they also learn responsibility — caring for their belongings, showing kindness to friends, and being proud of the choices they make. These lessons lay the foundation for a strong, confident, and thoughtful individual.



By nurturing their dreams today, we are shaping the leaders, thinkers, and change-makers of tomorrow. For in the freedom to dream lies the beginning of every beautiful journey.

- Ms. Charu Srivastava,
Preprimary Teacher



Upcoming Events

- Onam Celebration
- Hindi Poetry Recitation Competition
- Green Day
- Garba Fest
- English Poetry Recitation Competition
- Diwali Celebration