



**AMANORA
SCHOOL**

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Dec 2025 & Jan 2026

Grades I to V



From the Principal's Desk

Read, Reflect and Rise

"The more that you read, the more things you will know. The more that you learn, the more places you'll go."

— Dr. Seuss

In a world that moves at a relentless pace, reading offers us a quiet pause—a space to think, to question, and to grow. When we read, we do more than decode words; we absorb ideas, cultures, experiences, and wisdom shaped across time. Literacy is the foundation upon which confident thinking and meaningful communication are built.

Reflection transforms reading into learning. As we reflect, we connect what we read to our own lives, values, and aspirations. A single paragraph can spark curiosity, a poem can awaken empathy, and a story can gently guide us toward better choices. Reflection helps learners move beyond memorisation to understanding, nurturing critical and creative thinking.

To rise is to apply this learning with purpose. Clear learning goals give direction to curiosity and discipline to effort. When students read with intention and reflect with honesty, they begin to rise—not only academically, but as thoughtful, responsible individuals. They learn to question, to articulate, and to act with wisdom.

Beyond classrooms and textbooks, reading shapes character and conscience. It teaches patience in a hurried world and empathy in a divided one. When learners reflect on what

they read, they begin to recognise their strengths, address their weaknesses, and set purposeful goals for the future. Reading nurtures resilience by showing that challenges can be overcome and dreams can be realised through perseverance. As reflection deepens understanding, learners gain the confidence to express ideas, collaborate with others, and lead with integrity. In this way, reading becomes not just an academic habit but a lifelong companion—guiding individuals to rise with wisdom, responsibility, and hope.

“Read, Reflect and Rise” is not merely a motto; it is a lifelong journey. By fostering strong literacy skills, encouraging mindful reflection, and setting meaningful learning goals, we empower learners to rise with confidence, compassion, and clarity—ready to face the world and shape it for the better.

**- Ms. Meera Nair,
Director - Principal**





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Ms. Neha Khan - Coordinator - Grades I & II

Ms. Pallavi Shukla - Coordinator - Grades III to V

Ms. Deepali Jain - Teacher Lead - Grade V

Quote of the month

**"Reading furnishes the mind only
with materials of knowledge;
it is thinking that makes
what we read ours."**

— John Locke

Reading alone is not enough to truly learn. When we read, we collect information, facts, and ideas from books. This information is like raw material stored in our mind. However, it is thinking about what we read—by understanding it, questioning it, and relating it to our own experiences—that helps us truly learn. Thinking allows us to make sense of the information and use it in real life. Without thinking, reading remains just words on a page. When we reflect on what we read, the knowledge becomes meaningful and stays with us.

Headmistress Speak



In an ever-evolving world, education must inspire students to think deeply, act wisely, and grow continuously. Read, Reflect and Rise captures this essence by guiding learners through a meaningful journey of knowledge, understanding, and personal development. Reading is the foundation of learning. It opens young minds to new ideas, cultures, and perspectives while strengthening language skills and imagination. Through regular reading, students develop curiosity, confidence, and the ability to express themselves effectively.

Reflection transforms reading into understanding. By reflecting on what they read and experience, students learn to analyze, question, and connect knowledge with real life. Reflection nurtures critical thinking, self-awareness, and empathy, helping learners develop a balanced and thoughtful outlook.

Rising is the application of learning. It empowers students to use knowledge and reflection to make responsible choices, overcome challenges, and strive for excellence. Rising encourages resilience, leadership, and a positive mindset, enabling learners to grow academically and personally.

Read, Reflect and Rise promotes a holistic approach to education that nurtures the mind, heart, and character. It inspires students to become lifelong learners, confident individuals, and responsible citizens, ready to face the future with purpose and integrity.

**- Ms. Amrita Gangwal,
Middle and Senior School Headmistress**

CCA Activities

Global Family Day - Design a Gratitude Card

“The love of a family is life’s greatest blessings”

To celebrate Global Family Day, students of Grades III to V enthusiastically participated in the activity “Design a Gratitude Card.” The activity was thoughtfully designed to help students recognize the importance of family as the foundation of love, care, respect, and togetherness.

During the activity, students created colourful handmade gratitude cards filled with heartfelt messages for their family members. This meaningful initiative encouraged values such as gratitude, empathy, and respect. It also enhanced students’ creativity, fine motor skills and emotional expression. Overall, the activity provided a joyful and reflective learning experience, reinforcing the true spirit of Global Family Day and inspiring students to cherish and value their families every day.

Assemblies at a Glance

Kindness and Empathy

With cheerful faces and eager hearts, Grade I presented a delightful assembly on “Kindness Counts” focusing on simple acts of kindness and the spirit of empathy.

The assembly began with a prayer, followed by the word of the day, thought of the day, and news headlines, setting a positive tone for the audience.

Students then recited a lively action poem



Assemblies at a Glance

on kindness, reinforcing the idea that small gestures can make a big difference. This was followed by a beautifully enacted skit, “Kindness is Contagious,” where children portrayed everyday scenarios showing kindness in action. Through their roles, they demonstrated how small gestures—like helping, sharing, and encouraging others.



UNICEF Day

The students of Grade IV presented a meaningful class assembly on UNICEF, Human Rights, and Energy Conservation. The assembly created awareness about children’s rights and UNICEF’s role in providing education, healthcare, nutrition, clean water, and protection to children worldwide. Through a short talk and pledge, students highlighted values of equality, kindness, and respect for human rights.



The assembly also emphasized the importance of conserving energy and natural resources. It concluded with the message that every child deserves a safe, healthy, and sustainable world.



Math Assembly - Money Management

“Smart Maths leads to smart decisions and a secure future.”

As part of the Math Assembly, the students of Grade V presented an engaging skit on “Money Management.” Through simple real-life situations, they highlighted the importance of earning, saving, spending wisely, and understanding the difference between needs and wants.

The skit demonstrated the practical use of basic mathematical operations in budgeting and planning, while reinforcing values such as responsibility and



Assemblies at a Glance

self-control. It concluded with the message that every rupee counts and smart use of Mathematics leads to responsible living.

Winning with Grace, Losing with Dignity

“A true champion is not the one who always wins, but the one who wins hearts.”

An assembly on the theme “Winning with Grace and Losing with Dignity” was presented by the students of Grade V. The program emphasized true sportsmanship, highlighting that character is reflected in both victory and defeat.

A skit showing arrogance in winning and dignity in losing conveyed the importance of humility, kindness, and respect. The assembly concluded with a teacher’s message reminding students that success is temporary, but values and sportsmanship last a lifetime.

Activities

Sangya - Naam Ki Pehchaan

Grade I students enthusiastically participated in an engaging and joyful Hindi grammar activity based on the topic ‘Sangya (Noun)’, where ‘learning’ beautifully blended with ‘creativity’. The classroom was filled with colour and enthusiasm as students created bright, eye-catching butterflies in their drawing books, beautifully reflecting their imagination and creativity.

To reinforce the learning, students thoughtfully wrote examples of nouns on the wings of their butterflies. This hands-on approach transformed a grammar lesson



Activities

into an enjoyable and meaningful experience, making abstract concepts easier to understand and remember.

Creative Writing - My Favourite Animal

To nurture these skills, an English creative writing activity on My Favourite Animal was conducted for Grade I students. Children enthusiastically drew vibrant illustrations of their favourite animals and wrote a few descriptive sentences using appropriate action words and describing words.

The activity not only enhanced their creative writing abilities but also helped them imagine, express, and organise their thoughts with greater confidence. By beautifully integrating art with language learning, this activity enriched students' vocabulary, improved their sentence-building skills, making it a delightful learning experience for all.

Thank You Card Making Activity for Community Helpers

Grade I students took part in a heartwarming Thank You Card-Making Activity to express gratitude towards community helpers. Using colourful drawings and kind words, the children created beautiful cards for doctors, nurses, teachers, police officers, firefighters, and cleaners.

The activity encouraged creativity, empathy, and respect, and the classroom was filled with joy as students proudly shared their cards and spoke about their chosen helpers.



Activities

Clean India Drawing

Grade I students participated enthusiastically in the Clean India Drawing Activity, expressing their understanding of cleanliness through vibrant drawings.

The activity promoted good habits such as using dustbins and keeping surroundings clean, while enhancing creativity and environmental awareness. Through their artwork, students conveyed the importance of responsibility, care for nature, and a clean, healthy India.



Articles - Interactive Learning Activity

Grade II learners enjoyed a fun outdoor language activity through a “Passing the Parcel” game. When the music stopped, the selected child picked a slip with a noun, used the correct article (a, an, or the), and formed a sentence.

The activity made learning articles enjoyable while building confidence and language skills.



Little Hands, Big Time Learning

Learning to read time is an important skill that helps students understand daily routines and manage time effectively. The teacher revised o'clock and explained quarter past, half past and quarter past using a clock. Students then created their own clocks using paper plates, sketch pens, popsicle sticks and glue.

This hands-on activity kept students engaged and excited as they learned to read different times. Overall, Grade II students enjoyed this fun and interactive learning experience.



Activities

आओ क्रिया पहचाने

प्रत्येक भाषा के वाक्य में क्रिया का बहुत महत्व होता है। प्रत्येक वाक्य को पूरा करने में क्रिया का होना बहुत ही जरूरी होता है।

क्रिया के बिना वाक्य पूर्ण नहीं होता। हिंदी व्याकरण में क्रिया का सही प्रयोग भाषा को शुद्ध और प्रभावी बनाता है। क्रिया शब्दों को कक्षा दूसरी के समस्त वर्गों में समझाने के लिए इस गतिविधि का चयन किया गया।

छात्र इस गतिविधि के लिए आवश्यक चीजें जैसे :मशरूम (लाल रंग) के आकार का बड़ा कटआउट,अलग-अलग क्रिया दर्शानेवाले चित्र, (सर्कल) तथा छोटे गोल आकार के कटआउट्स (पीला रंग) लेकर आए थे। छात्र क्रिया दर्शाने वाले चित्र गोलआकार के कटआउट्स पर चिपकाकर और चित्र के अनुसार सही क्रिया शब्द लिखकर तथा उन्हें मशरूम के आकार के कटआउट पर चिपकाकर अंत में छात्रों ने अपनी स्कैपबुक में चिपकाकर गतिविधि पूर्ण की थी और कक्षा में प्रस्तुत की थी। छात्रों ने क्रिया शब्दों को सही पहचानकर और लिखकर कक्षा में प्रस्तुत किये। इस गतिविधि में छात्रों ने बहुत उत्साह से भाग लिया।

Value of the Week - Hardwork

Grade II students had an inspiring Value of the Week session on "The Power of Hard Work." The discussion was an eye-opener for many, as they explored how hard work can help achieve goals and dreams. The students enthusiastically shared their own hard work experiences and spoke about it.

The session motivated our young learners to embrace challenges and strive for excellence. Overall, it was an engaging and joyful experience that encouraged curiosity, sharing and learning beyond the classroom.



Activities

गतिविधि द्वारा विशेषण शब्द पहचानना

संज्ञा और सर्वनाम की ही तरह विशेषण भी वाक्यों को सरल बनाने में मदद करता है। विशेषण शब्द संज्ञा या सर्वनाम के गुण, विशेषता, स्थिति, आकार, आदि को व्यक्त करते हैं। यह शब्द अपने सम्बंधित संज्ञा या सर्वनाम के बारे में अधिक जानकारी प्रदान करते हैं और उन्हें समृद्ध करते हैं। विशेषण की मदद से हम शब्दों को और व्यापक, विस्तृत और रंगीन बना सकते हैं। विशेषण शब्दों को पहचानना, छात्रों के समूह में विशेषण की जानकारी | गतिविधि द्वारा विभिन्न विशेषण शब्दों में अंतर समझना | इन्हीं उद्देश्यों को ध्यान में रखते हुए कक्षा II के छात्रों के लिए विशेषण पर आधारित गतिविधि करवाई गई | इस गतिविधि में छात्रों के समूह बनाए गए, और उनको कुछ चीजें दिखाकर उन चीजों के लिए उचित विशेषण चुनना था | इस गतिविधि से छात्रों को विशेषण शब्द समझने में आसानी हुई तथा शब्दावली में भी वृद्धि हुई | इस गतिविधि में छात्रों ने बहुत ही उत्साह से सहभाग लिया |



Equality for Everyone

As part of the Quality Circle Time, theme Equality for Everyone, our Grade II students explored the idea that every person is important and deserves respect. Through stories, conversations, and simple classroom activities, children learned that people may look different or like different things, but everyone should be treated with kindness and fairness.

This learning helped students understand that equality means caring for others and giving everyone a fair chance. These values lay the foundation for becoming thoughtful and caring individuals in the future.

Value of the Week- Self Confidence

“Self-confidence is a super power. Once you believe in yourself, magic begins.”



Activities

This week's Value of the Week session for Grade III focused on self-confidence. The session began with the teacher explaining what self confidence is and why it matters. She discussed how believing in ourselves helps us try new activities, face challenges, reach goals and form healthy friendships. The teacher gave simple examples like raising a hand, starting a new hobby, or asking for help that showed how confidence makes everyday tasks easier and more enjoyable.

Students took part in a lively discussion. Every student shared what makes them feel confident. The session encouraged them to express themselves, take on new challenges, and learn from one another.

Past or Present

"You must know the past to understand the present"

Teaching history alongside the present helps students connect with their roots, appreciate diverse cultures, and build skills to understand today's world. A "Past or Present" activity was held during the grade III SST period to introduce the concepts in a fun, meaningful way. Using real-life examples, students learned that history means studying events from long ago.

To make the lesson relatable, students discussed personal examples—old toys, family photographs, childhood memories—to represent the past, and compared these with their current routines and experiences to represent the present. The activity encouraged them to observe changes over time and reflect on how life has evolved.

Overall, the session made Social Studies enjoyable and helped students clearly grasp the difference between past and present in an age-appropriate way.



Activities

Math Activity - Fraction Bird

Fractions are an integral part of everyday life — from sharing pizza slices to measuring ingredients.

Grade III students explored fractions through a hands-on activity by creating “Fraction Birds” using colourful cut-outs. The students selected pieces representing halves, thirds, quarters, and other fractions and arranged them creatively into bird shapes. While crafting, the students identified and wrote the corresponding fractions, gaining a clear understanding of numerators and denominators. This engaging activity helped students connect mathematical concepts to real-life situations, reinforcing the idea that fractions represent parts of a whole.

Overall, the activity made learning mathematics enjoyable and meaningful, laying a strong foundation for future learning and making fractions a fun and relatable concept for students.

Hindi Poster Making Activity

विद्यार्थियों में पौष्टिक भोजन के महत्व तथा बाहर खेले जाने वाले खेलों की आवश्यकता के प्रति जागरूकता विकसित करने और स्वस्थ जीवनशैली को बढ़ावा देने के उद्देश्य से कक्षा III के विद्यार्थियों के लिए यह गतिविधि आयोजित की गई।

इस गतिविधि में विद्यार्थियों ने पौष्टिक भोजन और बाहर खेले जाने वाले खेलों से संबंधित चित्र चार्ट पर सजाए तथा उनके आधार पर कक्षा में चर्चा की गई। इस दौरान विद्यार्थियों ने पौष्टिक एवं अपौष्टिक भोजन में अंतर समझा, बाहर खेले जाने वाले खेलों के शारीरिक एवं मानसिक लाभ जाने और स्वस्थ भोजन व नियमित खेल को अपने दैनिक जीवन से जोड़ने की समझ विकसित की। साथ ही, विद्यार्थियों ने चित्रों के माध्यम से अपने विचार आत्मविश्वास के साथ व्यक्त किए, जिससे यह गतिविधि ज्ञानवर्धक, सहभागितापूर्ण एवं प्रेरणादायक सिद्ध हुई।



Activities

Value of the Week - Mindfulness

“Mindfulness is the art of being fully present in the moment.”

This week, the students of Grade IV explored the value of Mindfulness through simple yet meaningful activities. They learned that mindfulness means paying attention to what we are doing, thinking, and feeling, without rushing or getting distracted. With calm breathing exercises, quiet reflection time and focused classroom tasks, students discovered how staying present helps them feel more relaxed and confident.

During the activities, the children practiced listening carefully, observing their surroundings and expressing their thoughts with clarity. By slowing down and paying attention, they were able to appreciate small moments—like helping a friend, enjoying nature, or completing a task with care. They also learned that being mindful helps them become kinder to themselves and more understanding toward others.



Value of the Week - Sportsmanship

“Sportsmanship is not about the score; it is about the heart you bring to the game.”

This week, the students of Grade IV explored the important value of Sportsmanship through a variety of fun and engaging sports activities. As they played different games, they learned that sportsmanship is not just about playing to win—it is about playing with respect, fairness, and kindness. Through guided activities, students discovered how important it is to follow rules, take turns, and encourage one another. They understood that appreciating others' efforts, even when they make mistakes,

Activities

helps build confidence and a positive environment. Whether they won or lost, they practiced accepting the results with a smile and saying “Well played!” to their friends. They learned that teamwork, patience, honesty, and respect are values that make every game enjoyable and meaningful.



Value of the Week - Positivity

“Positivity is not about having a perfect life, but about choosing hope, gratitude, and courage in every situation.”

Grade IV students explored the value of positivity through discussions and engaging activities.

Through stories, role plays, and guided tasks, they learned that positivity means believing in solutions, using kind words, encouraging others, and learning from mistakes. The activities helped create a warm and supportive classroom environment, where students understood that optimism, gratitude, and self-belief make them better learners and kinder individuals.



From Nature's Lap to the Poet's Pen

“Nature is an art, and every leaf is its brushstroke of beauty.”

Students of Grade IV enthusiastically participated in a poem-writing activity titled “In the Lap of Nature.” The objective of this activity was to encourage children to observe the beauty of nature closely and express their thoughts creatively through poetry. By exploring elements such as trees, flowers, birds, seasons, and landscapes, students developed a deeper appreciation for the calmness and charm of the natural world.



Activities

During the activity, students were guided to use descriptive words, sensory details, and simple poetic devices while composing their poems. They showed great enthusiasm and originality, with many displaying vivid imagination and thoughtful expression in their writing. Along with this, it helped enhance their observation skills, critical thinking and confidence in presenting their ideas.



Water Cycle in a Polybag

Exploring the Water Cycle - A Hands-on Science Experience

“Tell me and I forget, show me and I may remember, involve me and I understand.”

The students of Grade IV, the Junior Scientist Club conducted an engaging and simple experiment to understand the Water Cycle using a ziplock polybag. Students poured a small amount of water into the polybag, carefully drew and labeled the stages of the water cycle on it, and sealed it tightly. The polybag was then placed near a window under sunlight, turning an everyday material into a mini science model.

As the day progressed, students keenly observed evaporation as the water warmed and changed into vapour, condensation when tiny droplets appeared on the inner surface of the bag and precipitation as the droplets moved downward. This hands-on activity nurtured scientific temper by encouraging curiosity, observation, inquiry, and logical thinking.



Value of the Week - Love for Learning

“A child who loves learning loves life.”

The Value of the Week activity for Grade V was conducted with great enthusiasm and



Activities

Innovation Lab

“When Curiosity Sparks... Innovation Happens!”

Grade V Students worked on two exciting projects: an ultrasonic distance sensor using Arduino and a solenoid lock circuit. With the ultrasonic sensor, they learned how sound waves bounce off objects to measure distance. Using Tinker CAD, they designed the circuit, wrote simple Arduino code, and observed how the readings changed as objects moved closer or farther. In the solenoid lock activity, students observed how a coil becomes magnetic when electricity flows through it, pulling a metal pin to open the lock. When the switch is turned off, the lock closes again. These hands-on projects helped students understand sound waves, magnetism, electricity, and basic coding, while building problem-solving skills and confidence in STEM learning.



Design a Garden

“When Mathematics meets creativity, learning becomes a beautiful garden of ideas.”

To make the learning of Mathematics more interesting and practical, a hands-on activity titled “Design a Garden” was conducted for the Grade V students. Each student was given a rectangular sheet of paper. They were first asked to measure the length and breadth of the paper using a ruler. Based on these measurements, students calculated the perimeter and area of the rectangle. After completing the calculations, students were instructed to imagine the paper as a garden plot. Using their creativity, they designed their own gardens by drawing plants, trees, flowers, pathways, fountains and other garden features within the given space.



This activity successfully combined

Activities

Mathematics with Art, encouraging creativity while strengthening concepts of measurement, perimeter, and area. Students participated enthusiastically and enjoyed learning through this interactive approach.



दोहे, भक्ति गीत अथवा कविता गायन

“The best education teaches the mind and the heart.”

The activity दोहे, भक्ति गीत अथवा कविता गायन was conducted for Grade V students to promote moral, cultural and linguistic development through meaningful literary expression. Students enthusiastically participated by reciting dohe, singing devotional songs, Patriotic songs and presenting poems, which helped nurture values such as morality, devotion, and patriotism.



The activity also contributed to building self-confidence by providing students with an opportunity to speak and perform in front of an audience. Emphasis was placed on correct pronunciation, clarity of expression and rhythmic presentation, thereby enhancing linguistic accuracy and communication skills. Through the activity students developed the ability to understand the meaning of the couplets and poems, express their thoughts in their own words, gaining a deeper appreciation of moral and cultural values.



रंगोली बनाना

“रंग केवल चित्र नहीं बनाते, वे कल्पनाशक्ति को भी जीवंत कर देते हैं।”

विद्यालय में कक्षा V के विद्यार्थियों के लिए आयोजित हिंदी गतिविधि “रंगोली बनाना” बड़े उत्साह और रचनात्मक वातावरण में संपन्न हुई। इस गतिविधि का उद्देश्य बच्चों की



Activities

कलात्मक अभिव्यक्ति को प्रोत्साहित करना तथा रंगों और आकृतियों के माध्यम से उनकी कल्पनाशक्ति को विकसित करना था।

गतिविधि के दौरान विद्यार्थियों ने विभिन्न रंगों एवं सामग्रियों की सहायता से सुंदर और आकर्षक रंगोलियाँ तैयार कीं। उन्होंने फूलों, ज्यामितीय आकृतियों, दीपक तथा प्राकृतिक डिज़ाइनों का उपयोग करते हुए अपनी सृजनात्मक सोच का प्रभावी प्रदर्शन किया। रंगोली बनाते समय बच्चों ने विविध आकृतियाँ बनाईं और रंगों का संतुलित एवं मनोहारी संयोजन प्रस्तुत किया। सभी विद्यार्थियों ने खुशी, उत्साह और सक्रिय सहभागिता के साथ गतिविधि में भाग लिया।

इस गतिविधि के माध्यम से विद्यार्थियों में रंगों की पहचान, डिज़ाइन समझ तथा रचनात्मकता का विकास हुआ। बच्चों ने मिल-जुलकर कार्य करना, सहयोग की भावना रखना और कार्य को धैर्यपूर्वक पूरा करना सीखा।



Yardstick Activities

Measuring an Earthquake

“Science begins with wonder—and every small vibration can shake big ideas into life!”

As part of our Science learning, the Grade V students explored how earthquakes are measured through a fun, hands-on activity using a simple yardstick. This activity helped students understand that earthquakes generate vibrations and that scientists use instruments to measure how strong these vibrations are. To model this idea, students gently tapped or shook one end of a yardstick kept on the edge of a table. They observed how the yardstick moved, how the vibrations travelled, and how the shaking increased or decreased based on the force used. Through this, they learned that bigger shakes create bigger waves, just like real earthquakes. Students also discussed how scientists use special tools like a seismograph to record earthquake waves.



Yardstick Activities

Forms of Energy

"Hands that work make minds think."

The students of Grade V actively participated in an individual yardstick activity to understand the different forms of energy. Each student independently constructed a simple electric circuit using a battery, connecting wires, a buzzer, and a LED light. Once the circuit was completed, the LED light glowed and the buzzer produced sound.

This activity helped students clearly observe how electrical energy from the battery is transformed into light energy in the LED and sound energy in the buzzer. By performing the activity, students gained a better understanding of the concept of energy transformation rather than simply memorizing theoretical information.



Club Activities

Arts Club - Introduction to Oil Pastles

Colours are the smiles of nature."

Colours surround us and spark creativity and imagination in children. They influence emotions and support cognitive development. In the Arts Club, students of Grade III were introduced to oil pastel colours and learned techniques to create soft, light shades as well as bold, vibrant tones.

By observing their surroundings, students sketched simple designs and used shading to understand how light and shadow create the illusion of depth. Each young artist confidently presented his or her first shaded masterpiece.



Club Activities

Little Chefs - Learning Nutrition Through Cooking

Our students of Grade III Food, Nutrition, and Cooking Club are serving up something healthy and heartwarming this season! Our young chefs recently explored the importance of nutritious, energy-giving foods while learning how to make:

Cheese Nachos: A crunchy and comforting snack that introduced students to mindful snacking, portion awareness, and making smarter food choices.

Dates and Dry Fruit Laddu: A naturally sweet, winter-friendly treat packed with fibre, vitamins, and healthy fats, helping students understand the benefits of traditional and seasonal foods.

Through hands-on cooking experiences, students are developing essential life skills and cultivating an appreciation for healthy, balanced eating.

Food and Nutrition Club Food Etiquette

“Good food etiquette shows respect for food and for the people around us.”

The students of Grade IV, of our Food and Nutrition Club recently conducted a valuable etiquette session focusing on cooking manners, food hygiene and polite behaviour while sharing meals. A lively and engaging skit highlighted important aspects of kitchen safety such as proper handwashing, safe food handling and preventing cross-contamination.

The skit also emphasized respectful food sharing and good table manners, including waiting for others to be served and behaving politely during meals. The session was both informative and enjoyable, helping students understand how good etiquette creates a safe, clean, and pleasant dining experience for everyone.



Club Activities

Volcanic Eruption - Learning Science Through Exploration

Grade IV Junior Scientist Club students conducted an engaging hands-on activity to demonstrate a volcanic eruption using simple materials such as baking soda, vinegar, dish soap, food colouring and a clay mountain model.

Through this experiment, students learned how volcanoes erupt when molten rock, called magma, rises to the Earth's surface due to pressure from trapped gases, and when it flows out, it is known as lava. During the demonstration, students observed a chemical reaction between baking soda (a base) and vinegar (an acid), which produced carbon dioxide gas. This gas created bubbles and foam that erupted from the model volcano, closely resembling a real volcanic explosion.

Culinary Club

"Small hands can create big flavours."

The Grade V students participated wholeheartedly in the Culinary Club activity, where they prepared simple, healthy, and kid-friendly recipes—Khakra Pizza, Dadpe Pohe, Bread Pizza and Choco Biscuit Cake. The session aimed to build practical cooking skills, encourage teamwork, and promote awareness about nutritious eating habits. Students began by making Khakra Pizza, an exciting no-fire recipe. They then prepared Dadpe Pohe and other refreshing and traditional no-cook dishes.

Students worked in groups, which helped them learn cooperation, sharing, and responsibility. They also understood the importance of hygiene, safety, and cleanliness in the kitchen. Students were excited to taste their own creations and took pride in what they had prepared.



Events

Word Master Inter House Competition - Season III

The Word Masters Quiz returned for its third exciting season at Amanora School, once again celebrating the power and beauty of language. This much-anticipated literary event brought together budding wordsmiths who showcased their excellence in vocabulary, spelling, grammar, and the art of wordplay. More than just a competition, it evolved into a true **festival of language**, inspiring creativity, critical thinking, and a deep love for words. Students from Grades III to V took centre stage, proudly representing their houses with enthusiasm and determination. Each team displayed meticulous preparation, demonstrating a strong grasp of meanings and spellings as they rose to the challenge. The atmosphere was charged with excitement as participants competed for the coveted “Word Masters” title, impressing everyone with their quick thinking and confident command of language. The event proved to be a delightful spectacle—thrilling for the participants and equally engaging for the audience. Our young learners left a lasting impression with their confidence, enthusiasm, and dedication, reinforcing the idea that learning can be both enjoyable and enriching. The competition concluded with the following house-wise positions:

Topaz House - 1st Place

Ruby House - 2nd Place

Sapphire House - 3rd Place

Emerald House - 4th Place

Heartfelt congratulations to all the participants and houses for their commendable efforts and memorable performances. Season 3 of Word Masters truly inspired us all and has left us eagerly looking forward to the many exciting seasons ahead!



Events

Parent Teacher Meeting Periodic Test 2

The Parent Teacher Meeting for Grades III to V was conducted successfully on 24th January 2026 at Amanora School following Periodic Test 2.

The meeting provided a valuable platform for meaningful interaction between parents and teachers. Teachers discussed students' academic performance, test outcomes, learning progress, strengths, and areas requiring improvement. Parents were guided on effective strategies to support their child's learning at home. The session encouraged open communication, strengthening the partnership between school and parents for the holistic development of students. Parents appreciated the detailed feedback and constructive suggestions shared by the teachers.

The PTM concluded on a positive note with mutual assurance of continued support and cooperation for the overall growth and success of every child.

Annual Sports Day - JOSH - Grades III to V

JOSH 2025-26: A Three-Day Celebration of Spirit, Skill, and Sportsmanship

"Where young feet march with purpose and young hearts rise with courage, the spirit of true victory is born."

These inspiring words came alive at Amanora School's three-day Annual Sports Event, JOSH 2025-26, held from 9th to 11th December 2025 at the Legends Sports Club. The event, themed "JOSH - Fuelling the Spirit of Triumph," brought together students, parents, teachers, and dignitaries in a vibrant showcase of energy, discipline, and teamwork.



Events

The opening day was graced by Chief Guest Mr. Parag More, former Ranji Trophy player, who applauded the students for their enthusiasm, discipline, and spirited participation.

Day 2 welcomed Chief Guest Dr. Sandeep Bhajibhakare, Deputy Commissioner of Police, who encouraged children to embrace sports not only for physical fitness but also for mental strength and emotional balance. He highlighted how sports cultivate discipline, focus, humility, and true sportsmanship—teaching children to celebrate success joyfully and to accept setbacks with grace. He spoke of the vital role parents play in nurturing their children's interests, investing in their overall well-being, and supporting them through every triumph and challenge. Sharing that this was his first school event in Pune, he expressed admiration for the exceptional organisation, the impressive March Past, the lively drills, the thrilling races, and the dedication displayed across the field.

The final day was honoured by National Hockey Player Mr. Ranvir Singh Bhatti, whose uplifting words inspired young learners to pursue excellence with determination, resilience, and passion.

Across all three days, the ceremonies were led by Director Principal Ms. Meera Nair, Primary Grades Head Mistress Ms. Sujata Rathaur, and Secondary Grades Head Mistress Ms. Amrita Gangwal, who collectively marked the formal commencement of the Sports Meet. The unified Torch Relay, disciplined March Past, and reaffirmation of sportsmanship set the tone for the grand celebrations that followed.

Students captivated the audience with a series of meticulously curated displays—Yoga, Ribbon Drill, Umbrella Drill, Lezim, Sports Equipment Display, Flag Drill, and an eye-catching Pyramid Formation. Each performance highlighted balance, coordination,



Events

creativity, teamwork, and cultural vibrance. The track and field events further elevated the excitement as young athletes competed with zeal, showcasing resilience, confidence, and the true spirit of healthy competition.

As the Sports Meet concluded with the National Anthem, the atmosphere resonated with pride and applause. JOSH 2025-26 stood as a powerful testament to unity, courage, and the unstoppable spirit of Amanorites—an enduring flame that will continue to inspire long after the cheers have faded.

Amanora School's Annual Concert 2025-26: A Celebration of Joy, Unity, & Excellence

Amanora School's three-day Annual Concert 2025-26 was a vibrant celebration of creativity and holistic education, bringing together students from Pre-primary to Middle School in a spectacular showcase of talent, imagination, and teamwork, united by the belief that education nurtures both the heart and the mind.

The celebrations featured a heart-warming segment with the Pre-primary Annual Concert, as the youngest learners filled the stage with warmth, colour, and emotion through their presentation titled "Whistles of Joy - The Quest for Happiness." Parents and guests watched in admiration as the children expressed meaningful emotions with simplicity and sincerity, transforming the stage into a space where imagination spoke louder than words.

The evening was graced by Chief Guest Ms. Anjali Kukreja and Guest of Honour Mrs. Shrungeri Abhijeet Bhavsar, who were warmly welcomed by the school leadership led by Director-Principal Ms. Meera Nair.



Events

The dignitaries appreciated the school's emphasis on holistic development and applauded the confident stage presence of the young learners.

Day 2 of the Annual Concert shone brightly with energetic performances by students of Grade I & II. Themed "Mélange: Together We Shine," the grand production "Toon World Showdown: East Meets West - The Final Face-Off" unfolded as a lively, game-show-style narrative. Beloved cartoon characters from across cultures came together on one stage to convey a powerful message of unity, teamwork, and friendship.

The evening was graced by Chief Guest Ms. Bhavna Narsingoju and Guest of Honour Ms. Samyukta Nair. Following their felicitation by Director-Principal Ms. Meera Nair, the Annual Report was presented through an engaging video highlighting the school's achievements and milestones.

From a melodious choir welcome to lively dances and vibrant LED visuals, the programme captivated the audience, as iconic characters like Chhota Bheem, Chutki, SpongeBob, Mira, Elsa, and Moana showcased the students' confidence and stage presence.

The Middle School Annual Day, "Colours of Life - The Symphony of Nature," was a grand celebration featuring nearly 1,000 students from Grades VI to VIII, showcasing the school's holistic vision through synchronised dances, melodious music, and meaningful enactments reflecting diversity, harmony, and resilience.

The programme commenced with the ceremonial lighting of the lamp in the presence of Chief Guest Dr. Himanshu Shekhar and Guest of Honour Ms. Bobby Karnani, along with distinguished guests Ms. Ruchi Mashi and Mr. Nazim Shaikh. The dignitaries were felicitated by



Events

Director-Principal Ms. Meera Nair, followed by the presentation of the Annual Report through a curated visual presentation.

Reflecting on the spirit of the celebrations, Ms. Meera Nair, Director-Principal of Amanora School, shared that the Annual Concert is not merely a display of talent, but a celebration of values, resilience, and joyful learning—where confidence, compassion, and creativity are nurtured every day.

As the curtains fell on the three-day extravaganza, echoes of applause, laughter, and proud smiles lingered on, leaving behind a lasting reminder that when education is guided by purpose, it shapes individuals who shine—on stage and beyond.





Read, Reflect and Rise

"Today a reader, tomorrow a leader."

- Margaret Fuller

Reading is the foundation of all learning. When children read regularly, they open doors to new ideas, new words, and new ways of thinking. Books are not just for exams—they are windows to the world. Through stories, poems, and informational texts, students gain knowledge, imagination, and confidence.

However, reading alone is not enough. Children should be encouraged to talk about what they read. Sharing stories, discussing characters, and exchanging ideas with friends and teachers help students understand texts better and learn to express their thoughts clearly. These conversations build communication skills and nurture curiosity.

Reflection is the next important step. When students think deeply about what they have read—what they liked, what they learned, and how it connects to their own lives—they begin to develop wisdom. Reflection helps children form values, improve decision-making, and grow emotionally.

When students read, discuss, and reflect, they truly rise. They become confident, thoughtful learners, ready to grow and succeed in life.

**- Ms. Revati Vyas,
Class Teacher - Grade V 'I'**

Students Speak



Literacy is defined as the ability to read, write and communicate. It is fundamental to educate everyone. Beyond basic skills, it enables critical thinking in a changing world. As our population expands, the ability to interact with those who live around us has become more important. Reading other than library books helps enhance our vocabulary and focus. The states with the highest literacy rate in India are Mizoram and Kerala with a rough 98.2 and 96 percent respectively. By getting wisdom you don't just make your family literate or get a good job you increase your self-worth and increase your country's worth, too. Wisdom is also known as the ability to apply knowledge and experience to handle life.

In today's world everybody has traded their wisdom for AI generated content. With AI no one actually uses their critical thinking skills or brainpower. Instead of using artificial intelligence, reading is more helpful.

Including my experience, I did not read at all when I was younger, but by observing my friends and family I developed an interest in reading. Reading does not mean reading books for the sake of it but its aim is to gain knowledge and learn something new.

**- Kavya Arya,
Grade V 'B'**



PARENT'S CORNER

Reading is the first step toward building literacy and unlocking a world of knowledge, imagination, and opportunity. Every book, article, or story introduces us to new ideas, cultures, and life lessons. Reading not only helps us recognize words but also develops creativity and strengthens our thinking abilities. It equips us with the knowledge needed to make wise decisions and solve everyday problems.

However, reading alone is not enough. Reflection transforms knowledge into wisdom. When we think deeply about what we read, we connect lessons with real-life experiences. Just like a chess player studying past moves to plan future strategies, reflection helps us learn from mistakes and make thoughtful choices. True wisdom develops when knowledge is used with understanding and responsibility. Literacy goes beyond reading and writing. It empowers individuals to question, learn, and grow continuously. Setting learning goals plays an important role in this journey. Goals provide direction, motivation, and a sense of achievement. Literacy brings wisdom into life, while learning goals open doors to new opportunities.

Great personalities like Dr. A. P. J. Abdul Kalam, Dr. B. R. Ambedkar, and Malala Yousafzai achieved success through education and determination. Their lives remind us that knowledge and perseverance lead to greatness. The journey to a brighter future begins when we choose to Read, Reflect, and Rise.

**- Ms. Ritu Gupta,
Parent of Yash Kumar - Grade V 'B'**



STUDENT ACHIEVEMENTS

Achievements and Accolades

Kothari International School- MUN

Model United Nations (MUN) is an academic simulation of the United Nations that provides students with the opportunity to step into the shoes of delegates representing different countries. Through researching their assigned nations, debating pressing global issues, and proposing well-thought-out resolutions, students gain firsthand experience in diplomacy, critical thinking, negotiation, and effective communication. By engaging with diverse perspectives, MUN nurtures global awareness and responsible citizenship.

One such enriching experience was offered by Kothari International School, which organised a Junior Model United Nations (MUN) conference on 16th and 17th January 2026. Students from Amanora School participated enthusiastically across various committees, including UNEP, UNESCO, WHO, FAO, and several others. The conference served as a valuable learning platform, enabling students to deepen their understanding of international issues while honing skills in research, collaboration, and articulate expression. In addition to thoroughly enjoying the MUN process, Amanora students delivered a meritorious performance by securing an impressive total of 20 awards such as Excellent Researcher, Champion Collaborator, Superb Speaker, Best Delegate, Diligent Diplomat, Brilliant Ideator and Best Dress.

This remarkable achievement is a true reflection of their hard work, dedication, and eagerness to learn beyond the classroom. Congratulations to our young leaders for making Amanora School proud and for shining on such a prestigious platform!



Upcoming Events

- All India Ryan Championship
Grade II - The Young Mickey
- All India Ryan Championship
Grade IV - The Young Columbus

